

## 2-39

### PEER GROUP DELIVERED TRAINING ON 'HOW TO BE A FY1 DOCTOR' COURSE FOR FINAL YEAR MEDICAL -- STUDENTS, AN EXPERIENCE

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#### Introduction

On Saturday 21st January 2017, we hosted our first 'How to be a FY1 Doctor' Course at Princess Alexandra Hospital in Harlow. It was a free course for final year medical students focusing on topics not normally taught at medical school. The majority of tutors were Fy1s and Fy2s and were able to provide real life guidance on what the year would entail. In total there were 34 students and 23 tutors.

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#### Methods

Pre-course material was provided to the students. After an initial introduction, there was an interactive ABCDE demonstration. Thereafter, the students were split into ten groups of 3 and 4 and rotated around ten different teaching stations. Each station was 40 minutes long.

The stations were:

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|------------------------------------|--|
| 1) Mock Ward round                 | 7) Radiology   |
| 2) Sim on-call                     | 8) Prioritisation/Death certificates                   |
| 3) Surgical emergencies            | 9) Airway skills/Chest compressions and defibrillation |
| 4) Medical emergencies             | 10) Massive Blood loss                                 |
| 5) Prescribing/discharge summaries |  |
| 6) Practical skills                |  |

#### Results

Overall the feedback was very positive - Feedback scale: 4=very good; 3=Good; 2=Average; 1=Poor. All averages given below are mean averages Overall Quality: 3.93/4 Overall Delivery: 3.91/4 Overall Timekeeping: 3.97/4 100% of students would recommend the course to a colleague.

There were a number of positive comments including:

- Really good. Very useful. Relevant to FY1.
- Very good course. Lots of key facts and tips throughout the day.
- A very good course. Great revision practice for finals.
- Excellent day- great revision and useful skills and techniques. Amazing Food. Helpful and useful.
- Such a good day- thank you. Really useful- great for finals. All the staff were so helpful!
- Excellent. Learnt a lot. Highlighted areas of improvement. Highly recommended.
- Time keeping excellent. Really good day- content really useful for FY1 that is not always covered in medical school. Teachers were all excellent with good insight into their own experiences.
- Excellent course- very well prepared and ran smoothly. All topics very relevant and I felt challenged and I learnt lots. I would pay for this course.
- Thanks very much. Best course I have done.
- Absolutely fantastic course. One of the very best I've ever been on.

#### Conclusion/Implications

After discussion in the Medical Education Committee meeting, we plan to run the course during the induction programme for the incoming Fy1s. We are hoping for this to become an annual course, with the outgoing Fy1s teaching and the incoming Fy1s.

There remains a large step-up from final year medical student to year 1 doctor and we believe that courses like this will help to reduce that gap and ensure more confident newly qualified doctors. It is likely that students would greatly appreciate similar courses run by other educational institutions, no matter their background or nation.